

Auckland Mental Wellness Centre

DDI: 09 558 4455 Mobile: 021 960 303
Email: aucklandmentalwellness@gmail.com



OUR PSYCHOLOGY SERVICE

Auckland Mental Wellness Centre has a team of registered psychologists and psychiatrists, who provide general and specialised mental health assessment, diagnosis and treatment of a wide range of relational, psychological, emotional, social and behavioural issues. We also do assessment report to Court and Immigration NZ.

OUR SPECIALTY INCLUDE:

- Anxiety
- Addiction
- Child & Adolescent Mental Health Issues (ADHD, Autism, developmental and behavioural issues, learning difficulty)
- Chronic Pain
- Depression
- Life Transitions
- Obsessive Compulsive Disorders
- Panic Disorder
- Personality Disorder
- Relationship Problems
- Self Esteem
- Sleep Disturbance/Insomnia
- Stress Management
- Trauma Related Disorders
- Work Place Issues

CONFIDENTIALITY

Auckland Mental Wellness Centre takes privacy and confidentiality very seriously. Indeed integrity, trust and respect are core values of their profession. The clients' confidentiality is protected both under the HDCA (Health and Disability Commissioner Act) and under the code of ethics of the New Zealand Psychologists Board.

OPENING HOURS

We open Monday – Saturday 9am to 8pm by appointment only

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CLINIC LOCATIONS

- CBD: 34 Kingston Street, CBD
- Ellerslie: 101 Main Highway, Ellerslie
- Flat Bush: 8 Shingleton Lane, Flat Bush
- Avondale: 1784 Great North Road, Avondale

COST

- Initial Assessment, 60 min sessions, \$300 + GST per session
- Follow up Consultation, 60 min sessions, \$220 + GST per session
- Group consultation, 90 min sessions, \$330 + GST per session
- Report writing / Medical certificate, *Reports are billed according to time taken to write, \$180 + GST per hour*

LANGUAGE SPOKEN

English, Mandarin and Hindi

CONTACT US

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021 960 303 (Mobile)

Email: aucklandmentalwellness@gmail.com

Visit: <https://aucklandmentalwellness.com/>

Facebook: <https://www.facebook.com/aucklandpsychology>