



Be Bold in Business Empowered Mindset programme by Love Your Business (coaching)

Love Your Business are business coaches, with a special expertise to get business owner unstuck and into flow. We believe that the Be Bold in Business programme is very good fit and provides a solution to help deal with the stress and disempowerment currently experienced by business owners and to the impact this has on their mental health.

Be Bold is a breakthrough mindset philosophy and method developed by Love Your Business. We are business owners and coaches, and the programme is specifically developed to work in the context of business. It is the foundation of all the coaching work we do with business owners and their teams. When applied it is GUARANTEED to create sustainable results in business and in life.

Most people complicate life (and business!) but it's actually reasonably simple. Keep applying the Be Bold principles and tools, and you will see results, MASSIVE RESULTS!

We keep mindset work simple. This helps to ensure that the learning and tools are easy to apply and therefore sustainable. The Be Bold Mindset Programme has helped hundreds of business owners to completely change old habits and create huge positive change.

Be Bold helps to:

- Eliminate stress, overwhelm and procrastination
- Handle difficult situations with ease
- Hit fears out of the ballpark (like public speaking or being on video)
- Create and sustain Extraordinary Relationships with partners, family, and work teams
- Significantly increase confidence and self-esteem
- Understand your partners, kids, family, friends, and staff better
- Achieve your goals with ease
- Live a happier life!

Further info on the Be Bold in Business Kickstarter mindset programme

[Love Your Business](#) are business coaches, and we have developed this mindset programme, and use it with all our clients. It's a big part of the reasons that we are getting such good results with our clients. We understand business owners and business.

The Be Bold in Business programme is about supporting small business owners into achieving an empowered mindset. The participant is coached and supported and trained in new tools to achieve this. The programme is guaranteed to create sustainable results in business and life. When applied this programme is proven to work. Impactful, fast and sustainable. We get people from an average self-assessed empowerment score of 5 out of 10, to 8.5+ out of 10. Participants are in-action, overcoming fear and procrastination. Here's a link to some [video testimonials](#).

The Be Bold kickstarter programme is provided in two different formats: small group online, or 1:1 online. Group coaching takes the coaching and learning to another level. Business owners learn that they are not alone, and not the only one going through this. They experience receiving massive support and give the same to others. Participants learn a lot from each others insights/ learning and sharing. However we understand in some cases 1:1 is more appropriate.

Please refer to <https://www.loveyourbusiness.nz/be-bold-programme/> for further information.

➤ **Be Bold Kickstarter Small Group (Online via Zoom) \$1295 per person**

What's included in the [Be Bold Kickstarter 6-week programme](#) and what's the investment?

- 6x weekly online group coaching sessions (group size 6 max) facilitated by Douwe Hoogstra, experienced business coach and partner in Love Your Business, and experienced Be Bold facilitator
- 1 x 1:1 coaching session with Douwe Hoogstra, experienced business coach with Love Your Business.
- Private Facebook group to share the journey
- Access to resources (Be Bold Models, Reset Process, Ideal Week and other planning documents are all inclusive in the programme)
- Access to your coach throughout (via messenger/ whatsapp) for support to ensure safety, help when stuck in red zone, and getting into empowered action. Expectation and agreement with participant is that they have this access, and if they are stuck for any longer than ½ hour that they reach out (any time). This is a very high level of support, and often not a level of support that participants have ever received, or are used to demanding for themselves.
- Group support and participation. Group activity and interaction is expected, highly encouraged and facilitated. Again this is often not something participants are used to, but something that they really enjoy and get inspired by.
- Action packed. About 2-3 hours of 'homeplay' every week, to learn and apply the tools.
- Results driven.
- The investment is guaranteed. Apply the learning and tools and see massive results, or your money back.

➤ **Be Bold Kickstarter 1:1 (Online via Zoom) \$2500**

The above programme can also be delivered 1:1 (or 1:2, eg two business partners or a husband/wife) if required. Same content and delivery model.

Activate Tamaki Makaurau

Love Your Business Hoogstra Ltd is an approved provider with Activate Tamaki Makaurau, and has been a long standing provider with the RBP NZ programme also.

Free Consultation

please feel free to jump onto a 30-minute call to make sure that we have a great click, and to make sure the programme is a good fit for you!

Contact Details

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